

Title	Community Food & Nutrition Project Worker
Status	Permanent (Subject to Funding)
Location	Dublin 10
Salary	LAP Officer Level 2 salary scale €42,400 - €49,987 starting point DOE
Reporting to	A designate of the CEO
Note	35 hour working week- option to work a 28 hour week on a pro rata basis Starting at 24 days annual leave

Our Mission:

The Liffey Area Partnership CLG aims to collectively work to increase the economic base and resources of the community, and to develop and sustain the education, work, and life opportunities of all the people of the area.

Background:

Liffey Area Partnership has been running a range of Health Promotion Initiatives for several years. The appointment of a Community Food & Nutrition Project Worker will address building capacity, knowledge and skills across communities and with local statutory and voluntary partners to improve the food environment and address food poverty and activate agreed national campaigns.

Overall Purpose of the Job:

Food poverty is the inability of individuals and households to secure an adequate and nutritious diet. It can affect those living on low incomes, with limited access to transport and poor cooking skills. Although the cost of healthy food is a major factor, the inability to access a healthy diet is a complex issue that incorporates education, transport, literacy, culture and environmental planning. Poor diet is a major public health issue linked with increased rates of obesity and chronic disease. In Ireland, poor diets are low in fruit and vegetables, fibre-rich foods and oily fish, and are high in energy, saturated fats, salts and sugars due to high intake of confectionary and processed foods. The Irish population reflects this dietary pattern; with 34% of people consuming “unhealthy foods” on a daily basis and just 37% of the population consuming the recommended 5+ portions of fruit and vegetables.

The purpose of the post is to provide capacity for the Sláintecare Healthy Communities to improve community health and wellbeing in the Cherry Orchard area by addressing the issues of poor diet and food poverty. This is not a clinical role. The post-holder will not provide clinical, therapeutic, nutritional interventions or care.

Duties of the Role - The duties of the Community Food & Nutrition Project Worker include

- Develop and implement an action plan responding to the findings and recommendations of the 2024 Community Food Poverty Needs Analysis for Ballyfermot & Cherry Orchard.
- Based on the need analysis and national and international research develop a suite of programmes/interventions to respond to identified needs towards addressing food poverty inequality and its impacts
- Work with local organisations using a community development framework¹ to promote and empower local people to improve nutritional outcomes

¹ <https://www.cwi.ie/wp-content/uploads/2016/03/All-Ireland-Standards-for-Community-Work.pdf>

- work with and support a range of statutory and community organisations to develop and implement evidence based effective responses to improving the food environment in communities, addressing food poverty and reducing health inequalities as part of Sláintecare Healthy Communities and where appropriate in collaboration with safefood funded Community Food Initiatives
- co-ordinate the activation of agreed national campaigns that address healthy lifestyles and Healthy Food for Life guidelines in local communities
- work with the LAP management and HSE national co-ordinator to identify and respond to training needs and resource development arising from strategic national and local agendas and participate in agreed networks and collaborations.

Person Specification:

Candidates are encouraged to apply for this role with the requirement that they can demonstrate both the relevance of their skills and experience. It is likely that the person appointed will demonstrate a genuine commitment to LAP's ethos and vision and ideally have the skills and attributes as detailed below.

Qualifications

The Community Food & Nutrition Project Worker will be able to demonstrate an understanding of relevant health related policies and understanding of health promotion and will have
- a relevant third level qualification QQI Level 8 in a related discipline (e.g. BSc Public Health Nutrition, Nutrition & Health Science, Nutrition & Dietetics etc)

Experience

The ideal candidate will have at least 1 years' experience in a role that has involved the following

- (a) health promotion and improvement,
- (b) health behaviour change
- (c) working collaboratively with multiple stakeholders.

A candidate may be appointed who does not hold at least 1 years' experience but who demonstrates all the following as relevant to the role

- (a) significant work experience in a role that has involved health promotion and improvement
- (b) experience in the area of health behaviour change
- (c) experience of working collaboratively with multiple stakeholders
- (d) have the requisite knowledge for the proper discharge of the duties of the role

Skills & Competencies

- Experience of providing support and mentoring in a community context
- Experience of organising and delivering and evaluating workshops and community programmes
- Ability to work effectively as part of a team as well as ability to work on own initiative.
- Excellent verbal and written communication skills.
- Excellent interpersonal skills, including communication and organisational skills
- Excellent monitoring and evaluation skills
- Facilitation skills
- Strong IT skills– literate in Word, Excel, PowerPoint

- Knowledge of multi-agency collaboration and capacity to build positive multi-agency relationships regarding addressing community food & food poverty to ensure maximum impact and best outcomes for communities

Character & Personal Qualities

- Flexible around working hours
- Skilled in time management
- Innovative approach
- Able to conduct him or herself in a way that commands confidence and respect.
- Empathetic to the needs of those requiring support
- Be passionate about learning, creative and forward thinking
- Able to work in a self-directed dynamic manner, and to develop good working relationships with all stakeholders.
- Appreciative of the main social, economic, and environmental issues currently affecting the sector
- Fair, impartial, and open to new ideas and information

Application Process

Applications packages will include

- Detailed Cover Letter
- Up to date CV
- Completed Key Approaches Form

Applications may be made by email/post/hand delivered to; Teresa Dunphy , Liffey Area Partnership CLG, 4 Drumfinn Park, Ballyfermot Dublin 10 or email tdunphy@liffeypartnership.ie

Closing date for receipt of applications is **4pm Thursday 13th January 2025** (no late applications will be accepted)

Informal enquiries to Triona O'Sullivan, Health & Inclusion Programmes Manager
01 623 5612 tosullivan@liffeypartnership.ie



Rialtas na hÉireann
Government of Ireland



Arna chomhchistiú ag
an Aontas Eorpach
Co-funded by the
European Union



TÚSLA
An Ghníomhaireacht um
Leanaí agus an Teaghlaigh
Child and Family Agency



Comhairle Cathrach
Sháile Átha Cliath
Dublin City Council



Intreo

Partner